## **U.S. Department of Energy**

OAK RIDGE OFFICE

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November 8, 2005

## **SUBJECT: HEALTH FAIR**

A Health Fair will be held on Wednesday, November 9, 2005, from 9 a.m. until 1 p.m. in Rooms B-04 through B-13 of the Federal Building. The Health Fair is open to all Oak Ridge area Federal and contractor employees. This year, the Fair will include fitness centers, spas, physicians, and various Federal health insurance carriers.

Complimentary services will include balance and grip testing, body fat measurements, and fitness center passes. Representatives from the following agencies/organizations will be present at the Fair with complimentary items, screening tests, and/or literature:

- AETNA HealthFund
- Alzheimers Association
- American Cancer Society
- American Diabetes Association
- American Heart Association
- American Lung Association
- American Red Cross
- Anderson Family Chiropractic
- Arthritis Foundation
- Blue Cross Blue Shield
- Concentra
- Cornerstone of Recovery
- Curves
- Earth Fare The Healthy Supermarket
- East TN Oral & Maxillofacial Surgery
- GEHA Health Insurance
- Knox County Office on Aging
- Mail Handlers Health Insurance
- Mayfield Dairy Farms

- Methodist Medical Center
  - Chest Clinic
  - Chiropractic Care
  - Family Services
  - Physical Therapy
  - Sleep Center
  - Wellness Place
  - Women's Health
- NHC Home Care of Knoxville
- Oak Ridge Gastroenterology Associates
- ORO Safety, Health, Emergency Management and Ergonomics Programs
- Paragon Exercise Center
- Rush Fitness Complex
- Scoles Family Chiropractic
- Tennessee Mens Health
- Tennessee Donor Services
- The Campbell Cunningham Laser Center
- The Therapy Center of Oak Ridge

Methodist Medical Center will charge \$20.00 for cholesterol testing, payable when the blood specimen is collected. For accurate results, you must fast for at least 8 hours prior to testing. The results will be available 7 minutes after testing.

Questions about the Health Fair should be directed to Cathy Clifton at 576-0680 or Betty Blackman at 576-0682.

Melanie M. Kent, Chief

Federal Human Resources Branch